

Derbyshire Girls Player Pathway 2024-25

We will create environments which support players to develop the necessary tools to cope with the demands of an ever-changing game.



Our vision is separated into 3 key areas of opportunity: igniting a love of the game, developing game awareness and skills, refining delivery of those skills under pressure situations.



We have broadly grouped those areas into 3 bandings...U11 – U13, U15 and U18, where Think, Feel and Perform run alongside an ever-increasing development of self belief and confidence.

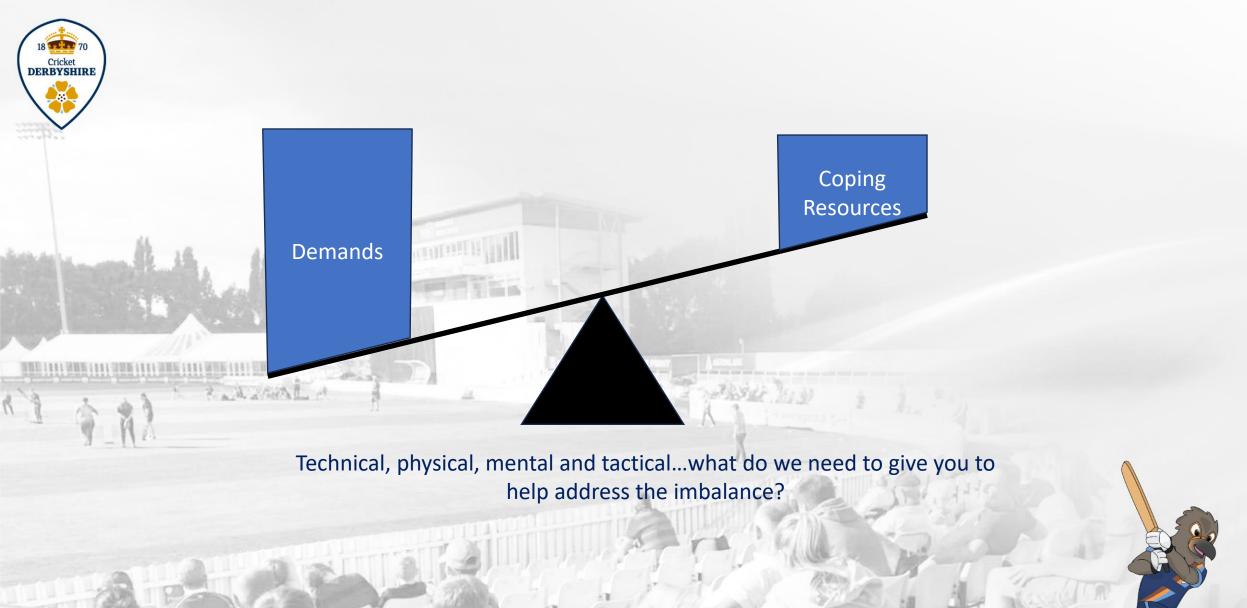
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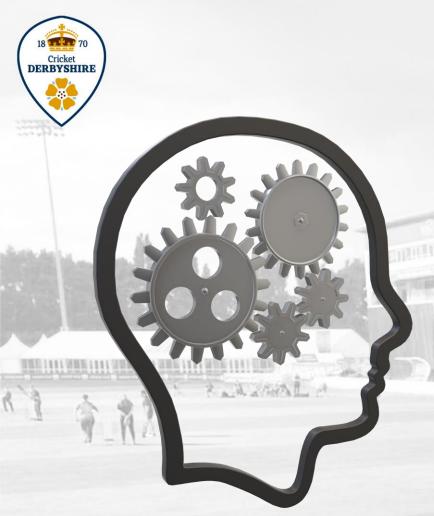
Coping Resources

ARRIE March

Putting in place skill acquisition, physical competency and mental robustness to enable you to reach your full potential

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Training Philosophy

- Simplify complexity
- Transfers into the game
- Success and failure
- Competition

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Our Talent Identification principles

U11 – U13 'creating' opportunities:

- To identify physical literacy around agility, balance, coordination and speed
- To identify attractors through running, jumping, striking and throwing
- To offset current performance against future potential
- To identify good habits early to shape them into our environments
- To have a clear understanding of future needs in line with the changing demands of the game and widen the pool base by acknowledging nonlinear development
- To create multiple opportunities over longer periods of time to help confirm our decisions around potential and talent
- To use intra based matchplay environments to support this
- To promote and support engagement in other sports
- To introduce lifestyle discussions around nutrition, hydration and life balance
- To draw in expertise from other sports ie. judo, tennis, athletics to underpin our physical literacy values
- To create playground and free play environments to promote and build fundamental foundations of batting, bowling and fielding
- To inspire and ignite the talent pool

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Our Talent Identification principles

U15 – U18 'exposing' opportunities:

- To allow for the exposure and testing of primary skill sets under pressure to develop and refine talent
- To challenge specific areas in terms of 'owning your role' as a batter, bowler, fielder, keeper and leader
- To value technical, physical, mental and tactical attributes that allow clarity of process
- To retain open trial windows for late developers
- To still design failing as a means of learning
- To add challenge and stretch to create "uncomfortable excitement"
- To allow the unorthodox to prosper
- To value risk takers who are brave and want to be challenged
- To measure reactions to success and failure, record observations, judgements and decisions
- To focus on long term development through our values and principles as Derbyshire Pathway players
- To refine and see what others don't

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Winter phase...

Simplifying the task

Create the experience...

Developing the feel

Athletic and physical

Performance culture Understanding how to train Technical attributes

Competing against others



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- U11 + U13 intra squad development fixtures x 6, different formats to create and expose practice outcomes, selections based on providing equal/multiple opportunities in learning environments
- Best XII selected to play inter county fixtures x 3
- U15 + U18 participation in ECB competitions and regional friendly fixtures x 12 c; T20, 40 over and 50 over formats.

Start Bank

- Observation opportunities for Regional scouts
- Promote awareness and good practice of monitoring workloads through player diaries and being comfortable factoring in periods of rest and recovery

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England Women

Tier 1 Professional County Cricket Tier 2 County Cricket

Regional Academies aligned to 8 x Tier 1 Professional Counties 14 -19 years old, players exhibiting high potential above their peers in U18 and Senior Women matches

Emerging Player Programmes aligned to 8 x Tier 1 Professional Counties 13 - 17 years old, players exhibiting performances above their peers in U15 and U18 CAG matches

County Age Group Cricket

U18 ECB Competition environments 40 overs & T20 – Developing winning mindsets under pressure – PERFORM PHASE U15 ECB Competitions 40 overs & T20 – Developing competiveness, skill delivery and game awareness - FEEL PHASE U11 & U13 Intra based environments and 'Best XII' – Developing experiences and awareness - THINK PHASE

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Player and Parent feedback surveys

We will produce 2 surveys each year to gather feedback on the content and effectiveness of our winter and summer programmes.

We will use these to reflect and shape our ongoing effectiveness to produce a robust engaging Pathway that allows excellence to flourish.

The following slide shows some of the thoughts and reflections from the players this winter...

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Safeguarding and reporting concerns...

County Safeguarding Officer – Angela Gregson safeguarding@dcfcricket.com

Deputy Safeguarding Officer – Mick Glenn mick.glenn@dcfcricket.com

Discrimination and reporting

concerns...

You can report discrimination to the Derbyshire Cricket Foundation by clicking here

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You can also report discrimination directly to the ECB by clicking the following link **<u>Report Discrimination to the ECB</u>**

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